



INSPIRIS

INSPIRED CARE FOR THE FRAIL ELDERLY

FOR IMMEDIATE RELEASE

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INSPIRIS names Harris as vice president of Tennessee operations

Responsibilities to include new initiative to serve some 600 Tennessee Medicare clients

December 4, 2006 Brentwood, TN—INSPIRIS announced today that Vickie W. Harris will join the Brentwood, Tenn.-based provider of care management for the frail elderly as vice president of Tennessee operations.

Among her duties, Harris is the INSPIRIS executive tapped to lead the company's new partnership with XLHealth, one of the nation's leading disease management companies, to provide support for nursing home residents participating in Tennessee's Medicare Health Support pilot program. About 600 program participants living with chronic health conditions such as diabetes and heart failure will be offered comprehensive health support services through the program.

INSPIRIS uses a nurse practitioner-led care and care management model to deliver proactive, preventative health care and to improve the quality of life for enrolled members in nursing home and post-acute care settings. While traditionally working through health plans that serve Medicare, Medicaid and commercially-insured members, INSPIRIS has successfully improved clinical outcomes while reducing costs.

“Vickie has shown great leadership over more than 20 years in health care management planning and long-term care facility operations,” said Mike Tudeen, INSPIRIS chief operating officer. “She has dedicated her career to improving the lives of the elderly in long-term care, which makes her a perfect fit to lead this INSPIRIS venture.”

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Harris earned a master's degree in business administration from the Vanderbilt Owen School of Management, and a bachelor's degree in health care administration and planning from Tennessee State University. She serves on the board of Senior Citizens, Inc. Foundation and the Nashville Council on Aging. She previously served as legislative committee co-chair and board member, Tennessee Association of Homes and Services for the Aging, and has served on the public relations and government relations committees of the Tennessee Health Care Association.

“I am excited about working with XLHealth on the Medicare Health Support program, and leading the INSPIRIS business in Tennessee that seeks to integrate a disease management approach in nursing homes by using nurse practitioners,” Harris said. “This initiative represents what I consider significant future value to Medicare beneficiaries and the nursing home sector in enhancing the existing clinical care delivery model and improving clinical outcomes.”

About INSPIRIS

INSPIRIS is a unique health care management company focused on improving the quality of life for the elderly population, while reducing the cost to Medicare Advantage health plans. INSPIRIS partners with individual health plans to provide acute, post-acute, custodial and hospice-care programs that address the needs of the plan's membership. For more information about INSPIRIS, visit www.inspiris.com.