



INSPIRIS

INSPIRED CARE FOR THE FRAIL ELDERLY

FOR IMMEDIATE RELEASE

Karla Hurter, INSPIRIS

(703) 319-0957

khurter@health2resources.com

INSPIRIS Announces Formation of Office of the President

Dec. 4, 2006 Brentwood, TN—INSPIRIS announced today the formation of an Office of the President, led by Mike Tudeen, COO. Other members of the office will include Kirk Stanley, CFO and two outside board members, Ralph Sabin of Pacific Venture Group and Greg Taylor of Blue Chip Venture Company. The move is in response to Chief Executive Officer Gregg O. Lehman's announcement of his intent to leave the company to take a new leadership position as president and chief executive officer of Minneapolis-based Health Fitness Corporation.

Lehman said INSPIRIS is positioned to experience tremendous growth in an expanding health care sector. The growth in Medicare Advantage enrollment and the need for coordinated care for the elderly has created unprecedented demand for programs such as those offered by INSPIRIS.

"INSPIRIS is anticipated to grow substantially through recent positive developments in the sector itself, and through strategic partnerships the company has established with complementary health care management organizations," Lehman said.

INSPIRIS uses a nurse practitioner-led care and care management model to deliver pro-active, preventative health care and to improve the quality of life for enrolled members in nursing home and post-acute care settings, working through health plans that serve Medicare, Medicaid and commercially-insured members.

"We appreciate the contributions Gregg made while at INSPIRIS and understand the personal reasons he has for making this decision. Under the leadership of Mike Tudeen, we are very confident in our senior management team's ability to continue to manage INSPIRIS' forward momentum," said Ralph Sabin, INSPIRIS Board member.

"INSPIRIS is poised to lead," Tudeen said. "The company recently launched development of an integrated electronic medical records system that will enhance care coordination. INSPIRIS has also strengthened its position in the Tennessee market with an expansion announced this fall that will reach about 600 new program participants with comprehensive health support services."

About INSPIRIS

INSPIRIS is a unique health care management company focused on improving the quality of life for the elderly population, while reducing the cost to Medicare Advantage health plans. INSPIRIS partners with individual health plans to provide acute, post-acute, custodial and hospice-care programs that address the needs of the plan's membership. For more information about INSPIRIS, visit www.inspiris.com.