



INSPIRIS

INSPIRED CARE FOR THE FRAIL ELDERLY

FOR IMMEDIATE RELEASE

Karla Hurter, INSPIRIS

(703) 319-0957

khurter@health2resources.com

Sarah White, RNP, tapped as new INSPIRIS corporate VP for clinical operations

Veteran nurse practitioner will blend clinical, managerial skills in new leadership role

July 26, 2007 Brentwood, TN – Today INSPIRIS announced it has named Sarah White, RNP, as corporate vice president for clinical operations. White has most recently served in a similar role for INSPIRIS operations in the Arizona market, and will expand that role across the corporation.

INSPIRIS is an expert care and care management company focused on improving the quality of life for the frail elderly while reducing the cost to Medicare Advantage and Medicaid health plans.

“Sarah has more than 20 years’ experience as a nurse practitioner, and has proven an exceptional educational and professional resource for our nurse practitioner-led care and care management programs,” said Mike Tudeen, president and chief executive officer of INSPIRIS. “We look forward to seeing her achievements in Arizona carried over in to her leadership of our Tennessee CarePlus and New York CarePlus clinical staff.”

White holds bachelors and masters degrees in nursing from the University of Tennessee Center for Health Services and was among the first wave of graduating nurse practitioners from the University of Tennessee at Memphis. She is certified as both a family and a gerontological nurse practitioner. Her 33 years in practice as a registered nurse and then nurse practitioner include more than 15 years in a skilled geriatric nursing unit at Vanderbilt Medical Center.

White joined INSPIRIS in 2005 as the professional development coordinator for Arizona CarePlus, and also worked as a nurse practitioner team leader in the

program that partners with Medicare Advantage plans to provide care and care management services to members residing in nursing facilities.

“Sarah is particularly well suited to this new role because of her drive for quality care and her sensitivity to the unique role of the nurse practitioner,” said J. Marvin McBride, MD, MBA, senior vice president and chief medical officer for INSPIRIS. “She will also be a key resource as INSPIRIS pursues initiatives that expand the company’s programs serving the frail elderly population.”

About INSPIRIS

INSPIRIS is a unique health care management company focused on improving the quality of life for the frail elderly, chronically ill and those with disabilities, while reducing the cost to Medicare Advantage health plans. INSPIRIS partners with individual health plans to coordinate and provide care across the diverse settings where members need care, including post-acute, custodial, assisted living and hospice. For more information about INSPIRIS, visit www.inspiris.com.

For further reading about the INSPIRIS way:
http://www.inspiris.com/newsarchive/IB_20061214.pdf